

Dear Winter Marshalls

Thank you so much for signing up via EtchRock to Marshal at this year's Winter Nuts Challenge.

Work is well underway for a fantastic course and superb event. Please see below for details:

Arrive on site and registration

- 07:15hrs for 07:45hrs briefing. Sprint wave is the first wave at 08:30hrs.
- Please head to the Marshal/staff marquee in HQ next to the ambulance to sign in where you
 will receive your instructions. All Marshals need to sign in and out to get their Marshal
 reward. Signing out will be at the same location in the staff/marshal marquee. Winter Nuts
 will not be a long day this year with the last wave going out at 10:30.

Parking

- Parking will be on the South Side of the site which is at the Henfold Lakes entrance, this means you don't have far to walk to HQ. Do not turn in at the Summer Nuts entrance.
- PLEASE NOTE PARKING IS ACCESSED VIA THE CAMPSITE THERE IS A STRICT 5MPH SPEED
 <u>LIMIT</u> PLEASE ENSURE YOU STICK TO THIS TO AVOID UNNECESSARY UPSET. There is no need to stop at campsite Reception, just follow the signs.
- The entrance will be easily identifiable by the Nuts feather flags on Henfold Lane. PLEASE
 ONLY TURN WHEN YOU REACH THE FEATHER FLAGS ON HENFOLD LANE. PLEASE IGNORE
 GOOGLE MAPS AND SAT NAV AS THIS ISNT ACCURATE AND WILL TAKE YOU TO THE WRONG
 LOCATION.
- what3words location is ///giving.less.yarn
- Follow the Camelot/Nuts signs through the Henfold campsite and through the Camelot gate.

- Anyone dropping off will need to drop off at the first car park which will be sign posted and then there is a short walk to HQ we are unable to have drop off at the main parking due to the restricted access for two way traffic.
- Parking is free for Marshalls Marshal parking will be on the hard standing at Nuts HQ
- Swimzi Marshals please arrive early enough so we can confirm your sizes are correct on our spreadsheet.

Essentials

- Please bring warm waterproof clothing and adequate footwear
- Tea and coffee will be available free of charge throughout the day along with some sweet treats
- Please ensure you have breakfast before you arrive, and that you don't forget your lunch and favourite snacks to keep you going..
- Water is available on site via a drinking water tap, however it is advisable to bring your own water for out on the course
- Nuts Free Wi-Fi is available in the event village area.

Don't forget to bring bundles of enthusiasm as always.. your best voices to cheer and encourage the Nutters on, best smiles.... we really couldn't do this without you.

Really happy for you to bring music to have on course with you to share with the runners to keep up their morale .. all speakers welcome – and as loud as you like!

Please don't hesitate to contact Jane if your circumstances change or you need any further information 07736391979 or email jane@thenutschallenge.co.uk

Look forward to seeing you soon.

Best wishes

The Nuts Team & Wayne Monkman (MD)